

## Key Messages:

Dear Parents/Carers,

We hope that you had a fantastic summer holiday! We are so excited to welcome you all back for another fun filled year of learning at Brightsparks Nursery.

**New starters**-We are very excited to welcome our new starters week beginning 11th September.

**Tapestry**- Please ensure that your Tapestry notifications are switched on on your phones and please check the notifications regularly.

**Naming bags**-Please can you make sure that your child's name is visible on the outside of their rucksack.

**Absence** - If your child is sick or on holiday please call the Nursery to let them know. Please note that you will be charged for these sessions.

**Spare clothes**- Please make sure that your child has spare clothes(including socks and shoes each day)

**Naming clothes**- Please make sure that all clothes/shoes/hats are named.

Mrs Bevan and the Bright Sparks team

# Term 1 All About Me

As we delve into our new topic, 'All About Me', our focus will be on personal identity, health, and community.

We will be learning about how all families are special. Your child will have the opportunity to share stories about their family, listen to tales about their peers' families, and see the beautiful diversity of families in our community. We hope that this helps in fostering respect, appreciation, and empathy. Recognising that every family is unique and special.

We will also be learning about healthy eating. A balanced diet plays a pivotal role in keeping us energised and healthy. The children will learn about various nutritious foods and their importance.

We will also explore the importance of personal hygiene. We will teach the children the correct method of hand washing and why it's essential to staying healthy.

Through fun activities and games, the little ones will be taught the significance of regular physical activity for a healthy body.

Towards the end of the term, we will start our 'People Who Help Us' topic. Our community is blessed with everyday heroes. We will explore the vital roles of:

-Police Officers: Ensuring our safety and maintaining order.

- Firefighters: Braving dangers to rescue people and property.

- Doctors: Keeping us healthy and helping to make us feel better.

To make this learning experience more tangible and exciting, we're planning to have visitors from these professions. Your child might get to see a real firefighter helmet or hear fascinating stories from a doctor!

WOW moments that we will have this term...

- ★ Family photos
- ★ Making fruit kebabs

Some of our key texts this term:

