

Rationale and National Curriculum links to subject



Subject Overview

The Jigsaw PSHE programme is a comprehensive scheme of work designed for primary schools to deliver statutory Relationships and Health Education. It provides a structured approach to teaching PSHE, helping children understand their place in the world and develop positive relationships with themselves and others.

Aims and Objectives

The primary aim of the Jigsaw PSHE programme is to equip children with the knowledge, skills, and understanding to lead healthy, safe, and fulfilling lives. Specific objectives include:

- Developing children's self-awareness, self-esteem, and resilience.
- Promoting positive relationships with others.
- Fostering empathy and understanding of diverse perspectives.
- Encouraging children to make informed choices.
- Developing children's emotional literacy and mental well-being.

Progression of Knowledge and Skills

The Jigsaw programme employs a spiral curriculum, meaning that key concepts are revisited and built upon year-on-year. This progressive approach ensures that children's understanding deepens over time. For example, in the "Celebrating Difference" Puzzle, children begin by exploring the concept of uniqueness in the Early Years Foundation Stage and progress to understanding bullying and its impact in later years.

Teaching and Learning Approaches

Jigsaw PSHE lessons are designed to be engaging and interactive, incorporating a variety of teaching and learning approaches. Key strategies include:

- Mindfulness: To promote emotional awareness, concentration, and self-regulation.
- Discussion and debate: To encourage critical thinking and empathy.
- Role-play and simulations: To provide practical experience and develop social skills.
- Creative activities: To express emotions and ideas in a variety of ways.
- Real-life examples and stories: To make learning relevant and relatable.

By combining these approaches, Jigsaw PSHE aims to create a positive and supportive learning environment where children can thrive.